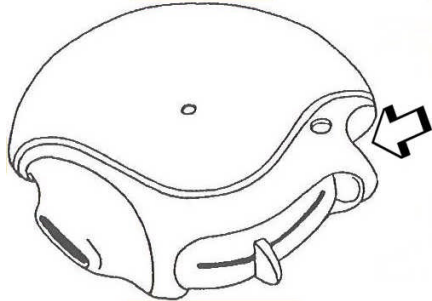
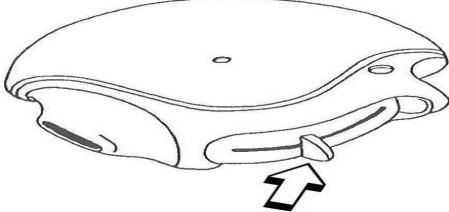


ACCUHALERS

An accuhaler delivers a measured dose of asthma medication directly to the airways. It delivers a dry powder.

Recommended age of use

7 years and older

<p>1. Hold the accuhaler on its side with one hand and place the thumb of the other hand in the thumb grip. Open accuhaler by pushing the thumb grip to the right until it clicks.</p>	
<p>2. Slide the lever to the right until it clicks. Breathe out slowly, away from the mouthpiece.</p>	
<p>3. Place the mouthpiece between lips, ensuring a good seal, and breathe in strongly through the mouth.</p>	<p>4. Remove the accuhaler from your mouth and hold your breath for about 10 seconds.</p>
<p>5. Breathe out slowly through your nose.</p>	<p>6. Close accuhaler by placing thumb in the thumbgrip and sliding it back to the left until the cover clicks into place.</p>

- There is a dose counter on the side of the accuhaler that tells you how many doses are remaining. The last 5 doses appear in red
- Only slide the lever when you are ready to take a dose
- Keep the accuhaler closed when not in use
- Keep your accuhaler in a dry place