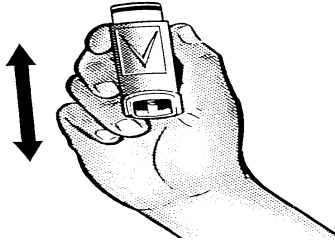
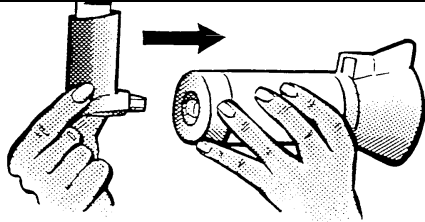
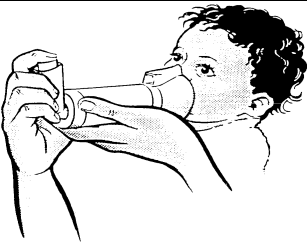
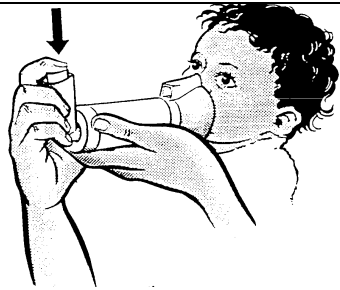


Using A Small Volume Spacer Device With Mask Attachment

A spacer device is a plastic holding chamber that helps people with asthma use their puffers (metered dose inhalers) effectively. Adding a mask to a small volume spacer ensures infants and small children receive the measured dose of medication. Spacers should be used by children of all ages who require a puffer.

Recommended age of use

0-4 years

<p>1. Remove cap and shake the puffer.</p>	
<p>2. Fit the puffer into the end of the spacer.</p>	
<p>3. Gently place the face mask attached over the mouth and nose of the child. Ensure there are no gaps around the edges of the mask.</p>	
<p>4. Release one puff of medication into the spacer by pressing down on the top of the puffer. Watch the child breathe in and out 4-6 times before removing the mask.</p> <p>If more than one puff is required, repeat step 4.</p>	

Document adapted from Asthma Management Improvement Council for the South West of NSW.