



- **With neutral liquid soap from disposable container and running water for at least 15 seconds**
- **Dry skin thoroughly with disposable towel**
- **Use disposable towel to turn off taps if elbow or no touch taps are not available**
- **Alcohol Hand wipes are at least as effective as soap and water**
- **Remember to apply moisturiser to your skin from disposable container in hands free dispenser**

WHEN TO WASH:

- **Before and after direct patient care**
- **After removal and disposal of gloves**
- **If skin is contaminated with blood or body fluids**
- **After contact with contaminated items or equipment.**