



St Vincent's Hospital Diabetes Services Referral

FAX TO: (02) 8382 4665

PATIENT DETAILS	GP [] SPECIALIST [] DETAILS
<p>Title: First name:</p> <p style="padding-left: 100px;">Surname:</p> <p>Address:</p> <p>Phone: (M)</p> <p>Phone: (H)</p> <p>Phone: (W)</p> <p>Date of Birth:</p> <p>Country of Birth: _____</p> <p>Does this patient need an interpreter? YES/NO</p> <p>Medicare No:</p> <p>DVA card No:</p>	<p>Name:</p> <p>Provider Number:</p> <p>Practice Address:</p> <p>Phone:</p> <p>Fax:</p> <p>Email:</p>

PLEASE SELECT FROM THE FOLLOWING DIABETES SERVICES & SIGN BELOW: <small>(eligibility criteria are listed on the next page)</small>	
<input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 <input type="checkbox"/> Other _____	
<p>1. DIABETES CLINIC</p> <p><input type="checkbox"/> New patient clinic (new to service or non attendance at service for ≥ 2 years)</p> <p><input type="checkbox"/> Follow-up clinic (has attended diabetes clinic in previous 2 years)</p> <p><input type="checkbox"/> Name of elected specialist _____ or <input type="checkbox"/> First available appointment</p>	
<p>2. DIABETES EDUCATION CENTRE</p> <p><input type="checkbox"/> (1) New Diagnosis</p> <p style="padding-left: 20px;"><input type="checkbox"/> Group program (followed by individual appointment) <input type="checkbox"/> Not suitable for group <small>(see eligibility criteria below)</small></p> <p><input type="checkbox"/> (2) Review</p> <p style="padding-left: 20px;"><input type="checkbox"/> Diabetes Educator and/or <input type="checkbox"/> Dietitian</p> <p><input type="checkbox"/> (3) Insulin stabilisation service</p> <p style="padding-left: 20px;"><input type="checkbox"/> Initiation & stabilisation</p> <p style="padding-left: 20px;"><input type="checkbox"/> Re-stabilisation:</p> <p style="padding-left: 40px;">Current insulin therapy (name, device, dose, frequency) _____</p>	
<p>3. MULTIDISCIPLINARY HIGH RISK FOOT CLINIC</p> <p><input type="checkbox"/> <i>Note:</i> Degree of risk determined after initial examination by Diabetes Registrar</p>	

REFERRAL DETAILS

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INVESTIGATION RESULTS HbA1c, fasting lipid profile, electrolytes, creatinine, Liver Function Test, Urinary ACR

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CURRENT MEDICATIONS

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MEDICAL HISTORY**FAMILY HISTORY****SOCIAL HISTORY**

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ALLERGIES

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This referral is for:

 3 months 12 months Indefinite

Urgency:

 Routine Semi-urgent Urgent

Signature Dr: _____

Date:

PATIENT ELIGIBILITY CRITERIA

DIABETES CLINIC

- Newly diagnosed diabetes for advice and/or management
- Pre-existing type 1 diabetes: complication screen, sub-optimal control, continuing management.
- Pre-existing type 2 diabetes: complication screen, sub-optimal control, continuing management.

DIABETES EDUCATION CENTRE

IFG/IGT:

- Patients diagnosed with IFG or IGT are offered attendance at a 3 hour Group program ONLY.

Type 2 Diabetes:

- Patients new to the service with type 2 diabetes will be enrolled in a 3 hour group program before being offered individual sessions with a dietitian and/or diabetes educator. Patients unsuitable for a group program include those: over 70 yrs, non-English speaking, with complex co-morbidities or a learning disability.
- Patients who have previously attended the service (within past 2 years) can make appointments to see the dietitian or diabetes educator for review.

Type 1 Diabetes:

- All newly diagnosed patients are booked to see a dietitian and diabetes educator over several sessions.
- Patients with pre-existing type 1 diabetes can make appointments to see the dietitian or diabetes educator for review.
- Type 1 group education program FIT (Flexible Insulin Therapy): Enrolment after individual assessment by a diabetes educator.

Pregnancy in pre-existing Diabetes:

- Management of pregnancy in pre-existing type 1 or type 2 diabetes.

MULTIDISCIPLINARY HIGH RISK FOOT CLINIC

Multidisciplinary team comprising a: vascular surgeon, consultant endocrinologist, diabetes registrar, physiotherapist, podiatrist and diabetes educator.

- Any **ONE** of the following: Patients with current or previous foot ulcer OR lower limb amputation.
- Any **TWO** of the following: 1) established peripheral vascular disease 2) peripheral neuropathy 3) foot pathology (deformities, callus, corns, fissures, nail pathology, inability to perform self care).

INSULIN INITIATION/STABILISATION SERVICE

Insulin initiation and stabilisation is performed by a team comprising: staff specialists, HMOs/VMOs, diabetes educators and dietitians.

- Type 1 or type 2 diabetes.