

Aged Community Services Directory now online

GPs in Eastern Sydney can now find local community services for elderly patients living at home in **3 easy clicks**. The new Service Finder on the division website is designed to give busy doctors quick access to a comprehensive range of services in each suburb. Services listed in the directory are either free or are available for minimal cost.



Go to www.esdgp.org.au
 Select Aged Community Services
 (under PROGRAMS in the left hand menu)

1. Select the suburb

On the map, click the suburb where your patient lives.

Transport Services	For shopping, medical, social
Food Services	Meals on Wheels - Meals delivered to the home Help with Food Shopping
Care at home	Personal Care - Help with bathing, toileting and dressing Community Nursing
Carer Support	Carer Support
Social, recreational and educational activities	Social, recreational and educational activities
Help at home	Home Help - Help with household tasks Social Support - Home visits, group activities, shopping
Home Maintenance & Modification	Help with essential and safety related home repairs and gardening
Respite Care	Aged respite services provided in the home Respite services provided out of the home Aboriginal respite services

2. Select the service

Services include

- Transport
- Food
- Care at home
- Help at home
- Social, recreational, educational
- Home maintenance and modification
- Respite care
- Carer support
- Case management
- Multicultural services

3. Select a provider

Select a service provider from the list such as

- Holdsworth Community Centre & Services
- Kings Cross Community & Information Centre
- Woollahra Seniors and Community Centre
- Meals on wheels
- Home Care Service of NSW
- South Sydney Community Transport

TRANSPORT SERVICES For shopping, medical, social	
Holdsworth Street Community Centre <ul style="list-style-type: none"> • Individual transport for medical, dental and physiotherapy appointments • Shopping bus to Edgecliff and Bondi Junction intake@holdsworth.org.au www.holdsworth.org.au	(02) 9302 3600 (02) 9327 5298 fax
Sir Roden Cutler Charities Medical, dental, para... appointments only. Last resort www.sirrodenCutlercharities.org.au	(02) 9362 4430

For more information, contact the Division on 9389 0874 or esdgp@esdgp.org.au

A joint project of Eastern Sydney Division of General Practice and Holdsworth Community Centre & Services



eastern sydney
division of general practice

