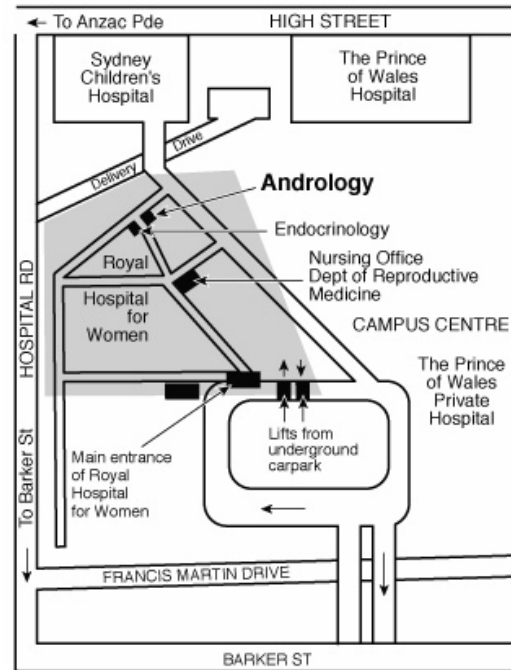


How to get there...

- Walk through the main entrance of the Royal Hospital for Women and you will see 'Windscreen's Café'. Just to the right of the café there are 2 big glass doors, pass the first desk (Breastscreen).
- Go down the corridor towards the Department of Reproductive Medicine and you will see an office and a waiting area on your right side.
- Once you reach the Department of Reproductive Medicine please report to the nurse with your Medicare card and the referral letter from your GP for your appointment.



**DEPARTMENT OF REPRODUCTIVE
MEDICINE**

EARLY PREGNANCY CLINIC (EPC)



Early Pregnancy

For a couple in the early stages of pregnancy, this can be a time filled with excitement, joy and maybe a little anxiety. The woman's body is going through many amazing changes at this time, some of which may affect her, such as nausea, vomiting and tiredness.

Some women may experience vaginal bleeding or abdominal pain and this can cause great anxiety due to concern about possible miscarriage. It is very common for women to experience some pain or bleeding in the first trimester. These symptoms do not indicate the outcome for the pregnancy.

Facts about Miscarriage

Miscarriage in the first trimester occurs in about 20% of all known pregnancies. The most common cause for miscarriage is a chromosomal abnormality but this does not mean the parents have a chromosomal problem.

There are some lifestyle factors such as smoking, alcohol, caffeine and non steroidal anti-inflammatory drugs, which may be associated with miscarriage.

It is important to note that exercise, working and sexual intercourse DO NOT cause miscarriage.

Following a miscarriage the chance of having a normal pregnancy in the next pregnancy is 80%.

Advancing maternal age can increase the risk of early miscarriage.

Early Pregnancy Clinic (EPC)

At the Royal Hospital for Women there is a dedicated clinic (Early Pregnancy Clinic) that women with vaginal bleeding and/or pain may be referred to. The clinic is staffed by a dedicated team and can offer blood tests, ultrasound scans, counselling, follow up, referral to specialist clinics and admission to hospital (if required).

The Early Pregnancy Clinic runs each morning Monday to Friday (excluding Public Holidays) and is by appointment only between the hours of 7.30am and 8.00am.

Your General Practitioner or Fertility Specialist can refer you to the EPC. You can also attend your nearest Emergency Department, if you require urgent medical attention.

What to bring to your appointment:

- Letter of referral
- Medicare Card
- Blood results (if you have any)
- Ultrasound report (if you have one)

Contacting the Clinic

To make an appointment please contact:

**Early Pregnancy Clinic
Level 0, Royal Hospital for Women
Barker St, Randwick 2031**

Ph: 02 9382 6701

After hours: 9382 6111 and ask for the Nursing Supervisor.

Medicare Card Holders

Bulk billed as public patient.

Medicare Ineligible

Inpatients (per day)	\$860.00
Outpatient visit	\$100.00